

BREAKFAST IS THE TOP LINE AND INCLUDES CEREAL, FRUIT AND JUICE. LUNCH INCLUDES A SIDE SALAD WHEN AVAILABLE. ALL MEALS INCLUDE LOW-FAT OR FAT-FREE MILK. WHOLE GRAINS ARE PROVIDED.  
MENUS SUBJECT TO CHANGE.

This institution is an Equal Opportunity Provider.



# HIGH SCHOOL NOVEMBER 2017



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1					2					3														
					BREAKFAST PIZZA					SANDWICH					MUFFIN									
					BEEF STEW DINNER ROLL					PIZZA STIX MARINARA SAUCE					BBQ CHICKEN SNAX POTATO SALAD									
					SLAW					LETTUCE SALAD					WESTERN BEANS									
					FRUIT					FRUIT					FRUIT									
6					7					8					9					10				
TORNADO					BISCUIT/GRAVY					PANCAKE STICK					SANDWICH					LONG JOHN				
CHILI PB&J UNCRUSTABLE					HAMBURGER ON BUN SMILEY FRIES					CHICKEN STRIPS DINNER ROLL					CROCK POT PIZZA BOSCO STICK					HOT DOG ON BUN CHIPS				
LETTUCE SALAD FRUIT					TOMATO/LETTUCE FRUIT					CHEESY POTATOES GREEN BEANS FRUIT					CORN FRUIT					VEGGIES & DIP FRUIT				
13					14					15					16					17				
TORNADO					SAUSAGE/EGGS					BREAKFAST PIZZA					SANDWICH									
CHICKEN NOODLE SOUP GRILLED CHEESE					TACO SALAD SALSA					TURKEY DINNER ROLL					PIZZA MARINARA SAUCE					NO SCHOOL				
FARMER'S SALAD FRUIT					REFRIED BEANS FRUIT					POTATOES/GRAVY GREEN BEANS DESSERT					CORN FRUIT									
20					21					22					23					24				
TORNADO					BISCUIT/GRAVY					NO SCHOOL					NO SCHOOL					NO SCHOOL				
WHITE CHICKEN CHILI CHEESE BITES					TACO SNAX MEXICAN RICE																			
SPINACH SALAD FRUIT					CORN FRUIT																			
27					28					29					30									
TORNADO					SAUSAGE/EGGS					PANCAKE STICK					SANDWICH									
BEEF VEGETABLE SOUP STRING CHEESE					CHICKEN AND CHEESE STIX					CHICKEN TETRAZZINI BOSCO STICK					RAVIOLI W/MEAT									
LETTUCE SALAD FRUIT					LOADED POTATOES PEAS					GREEN BEANS FRUIT					CORN FRUIT									

