

Outside Agencies

Mental Health Agencies

Community Resource Center (CRC)
315 Westgate Ave.
Salem, IL 62881
618-548-2181

Community Resource Center (CRC)
904 E. Martin Luther King Dr.
Centralia, IL 62801
618-533-1391

Community Resource Center (CRC)
421 W Main
Vandalia, IL 62471
618-283-4229

MCS Counseling
Melanie Schafsma
1404 North 5th Street
Vandalia, IL 62471
618-283-2883

Heartland Human Services
1200 N. 4th Street
Effingham, IL 62401
217-347-7179

National Suicide Prevention Hotline
1-800-273-8255
Text "Start" to 741-741
www.suicidepreventionlifeline.org

